

**Michael E. Frisina** is founder and president of The Frisina Group, LLC. and The Center for Influential Leadership, responsible for teaching, publishing, and speaking on the current trends in organizational performance. Dr. Frisina is a retired career officer the United States Army Medical department and a retired civilian healthcare executive serving in a variety of leadership positions of increasing responsibility that include:

Professional Positions:

- Executive Officer – Tripler Regional Medical Center, Honolulu, HI
- The United States Military Academy at West Point, New York;
- The Uniformed Services University of Health Sciences and School of Medicine, Bethesda, Maryland;
- The Academy of Health Sciences, San Antonio, Texas
- Chairman, Health Administration Advisory Council, American Public University/American Military University. (Current)

Education:

- B.S. -- Saint Bonaventure University
- M.A. -- Indiana University;
- Ph.D. -- Auberdeen University – post graduate -- Girton College, Cambridge University in England.

Books:

- *Influential Leadership – Change Your Behavior, Change Your Organization, Change Health Care*, published by Health Forum, the American Hospital Association Press in May 2011; republished by Healthcare Administration Press, ACHE, 2014. Now on best seller list!
- *Leading Yourself to a Higher Level of Performance,* published by the Center for Influential Leadership, July 2014.
- *Are Your Ready to Change.* Westbow Press, 2017.
- *Leading with Your Upper Brain.* Healthcare Administration Press, AHCE, 2023.

Dr. Frisina has authored over 50 papers and published articles on leadership and organizational effectiveness. He is a contributing author to The Borden Institute's highly acclaimed textbook series on military medicine. Michael is a Visiting Scholar at The Hastings Center in New York, a Visiting Fellow in Medical Humanities at The Medical College of Pennsylvania, a John C. Maxwell Top 30 Transformational Leaders for 2018 and 2019 and a two-time Educational Grant Awardee for the American College of Healthcare Executives. Dr. Frisina serves as Chairman of the Health Administration Advisory Council for the American Public University/American Military University. He is also an Executive in

Residence with The University of North Texas School of Public Health. Dr. Frisina serves as a senior faculty member and executive coach to the American College of Healthcare Executives Senior Executive and Executive Programs.