Scott Flowers serves as the Chief Operating Officer at St. Joseph Medical Center, a Steward Family Hospital in Downtown Houston. Scott is a Fellow of the American College of Healthcare Executives (ACHE) with over 20 years of healthcare experience in hospital operations and quality improvement. Scott is also a Lean Six Sigma Black Belt and a Certified Professional of Healthcare Quality (CPHQ).

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Scott began his healthcare administration career at the Michael E. DeBakey Veterans Affairs Medical Center in Houston. He then joined Memorial Hermann Southwest Hospital and served as the Director of Operational Improvement. In 2008, Scott accepted the Executive Director role at eQHealth Solutions in Baton Rouge, running the Medicare QIO in the state of Louisiana. Scott then served as Vice President at Thibodaux Regional Medical Center in July 2011. Scott returned to Houston in 2015, to join Houston Methodist Hospital as the Vice President of the DeBakey Heart & Vascular Center and later joined Baylor St. Luke's Medical Center as Vice President of Hospital Operations prior to his COO role at St. Joseph.

Scott graduated from Louisiana State University with a Bachelor of Science degree in Management with a concentration in Human Resources. He received his Master of Health Administration and Master of Business Administration from the University of Houston – Clear Lake.