

# American College of Healthcare Executives Southeast Texas Chapter

## Mentor-Mentee Program

### Mentor's Statement of Commitment

If you're accepted into this program, as a Mentor, you will be systematically matched with a student (undergraduate or graduate) or careerist for a 12-month period. That's not to say that your relationship and interaction with your Mentee is expected to end at the 12 month mark. To the contrary, it is hoped that you and your Mentee will cultivate a long and mutually beneficial relationship. Mentees and their Mentors meet on a regular basis and at times that are mutually convenient, in order to exchange experiences, share ideas, and give and receive guidance, advice, and support. As a Mentor, it is taken for granted that you have a wealth of experience and that you are ready and willing to impart words of wisdom. In order for this program to be fully successful, participants must be willing to make a serious commitment of their individual time and effort. To this end, we ask that you consider the expectations listed below and, if you're ready, willing, and able to consistently meet each expectation, then sign and date in the space provided below.

As a Mentor, I'm looking to...

1. Share my skills, knowledge, and expertise
2. Demonstrate a positive attitude and act as a positive role model
3. Take a personal interest in the mentoring relationship
4. Exhibit enthusiasm in the field
5. Value ongoing learning and growth in the field
6. Provide guidance and constructive feedback
7. Set and meet ongoing personal and professional goals
8. Value the opinions and initiatives of others
9. Motivate others by setting a good example

Source: <https://franchisegrowthpartners.com/top-10-qualities-of-a-good-mentor>

I commit to supporting my assigned Mentees by...

1. Giving thoughtful and constructive feedback
2. Offering solicited and unsolicited advice and critique
3. Being an effective listener
4. Respecting the time and effort of others
5. Being an effective communicator
6. Being punctual and well prepared
7. Following through on commitments
8. Taking a long-range view of your Mentee's growth and development
9. Helping him or her see the destination, but not provide a detailed map on how to get there
10. Offering words of encouragement, but not "how-to" advice

11. Share resources intended to help Mentee to promote personal and professional growth and development

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Signature

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Date