

**American College of Healthcare Executives  
Southeast Texas Chapter**

**Mentor-Mentee Program  
Mentee's Statement of Commitment**

If accepted into this program, you will be systematically matched with an industry leader for a 12-month period. That's not to say that your relationship and interaction with your Mentor is expected to end at the 12 month mark. To the contrary, it is hoped that you and your Mentor will cultivate a long and mutually beneficial relationship. Mentors and their Mentees meet on a regular basis and at times that are mutually convenient, in order to exchange experiences, share ideas, and give and receive guidance, advice, and support. Mentors have a wealth of experience and are always ready and willing to impart words of wisdom. In order for this program to be fully successful, participants must be willing to make a serious commitment of their individual time and effort. To this end, we ask that you consider the expectations listed below and, if you're ready, willing, and able to consistently meet each expectation, then please sign and date in the space provided.

I'm looking to...

1. Receive guidance as a leader, strategist, and a complete business professional in hopes of upward mobility
2. Obtain professional growth and development by being challenged
3. Secure a personal advocate in work life
4. Shorten my learning curve
5. Open my mind to new ideas and possibilities
6. Identify opportunities and advice in how to promote myself (build and protect my professional brand)
7. Receive advice on how to navigate workplace politics and achieve my professional goals

Source: <https://www.mentorcity.com/en/why-do-i-need-a-mentor>

As a Mentee, I commit to be one who is...

1. Coachable and receptive to constructive feedback
2. Willing to solicit unvarnished advice and critique
3. An effective listener
4. Respectful of others
5. An effective communicator
6. Punctual and well prepared
7. A motivated self-starter
8. Able to demonstrate a willingness to follow through on commitments

By signing and dating this document, you are agreeing to fulfil your commitment to the role of Mentee.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date