

BIOGRAPHICAL PAGE

Eduardo D. Bruera, MD

Chair, Department of Palliative,
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The University of Texas
MD Anderson Cancer Center

Dr. Bruera obtained his medical degree from the University of Rosario, in Argentina. He trained in Medical Oncology and in 1984 he relocated to the University of Alberta in Edmonton, Canada where he directed the Clinical and Academic Palliative Care programs until 1999. In 1999 Dr. Bruera joined The University of Texas MD Anderson Cancer Center where he currently holds the F.T. McGraw Chair in the Treatment of Cancer and is the Chair of the Department of Palliative, Rehabilitation and Integrative Medicine. He was medical director of the outpatient Supportive Care Center for 15 years until 2018.

Dr. Bruera's main clinical interest is the care of the physical and psychosocial distress of patients with advanced cancer and the support of their families. He established and led, for the first five years of operations, the Edmonton Regional and Palliative Care program. This unique program provides access to palliative care to more than 80% of patients who die of cancer in the Edmonton Region. He also established and has led the Department of Palliative, Rehabilitation and Integrative Medicine at The University of Texas MD Anderson Cancer Center since 1999.

Dr. Bruera has been interested in the development of palliative care programs internationally, particularly in the developing world where he helped establish numerous palliative care programs in Latin America, India, and different areas of Europe. He has leadership roles with the World Health Organization, the Multinational Association of Supportive Care in Cancer, and the International Association of Hospice and Palliative Care.

Dr. Bruera has trained hundreds of physicians, nurses, and other healthcare professionals in the different aspects of the clinical delivery of palliative care. He established the first academic fellowship program in palliative care at the University of Alberta in Canada and one of the first academic palliative care fellowships in the United States at The University of Texas MD Anderson Cancer Center.

Dr. Bruera has more than 1000 peer reviewed publications and has edited 31 books. He has given more than 900 major invited lectures. He has received multiple federal research grants in the US and Canada.

Dr. Bruera has received a number of national and international awards, including the American Cancer Society Lane Adams Quality of Life Award and the American Academy of Hospice and Palliative Medicine Lifetime Achievement Award. The Canadian Society of Palliative Care Physicians has established the "Eduardo Bruera Award" as a career award for palliative care specialists. Dr. Bruera received an Honorary Doctorate Degree from the University of Montreal in 2017. In 2018, the Latin American Association for Palliative Care established the "Eduardo Bruera" career award for research.